

Students' Poster presentations done in conferences

Sl No	Name of the student	Batch	Topic	Guide	Conference	Prize
1	G. Krittikha	2024	Music and the brain: Neurophysiological Correlates of Auditory-Emotional Integration	Dr. S. Anu	COGNITIO 2026, Christian Medical College, Vellore	
2	R. Anbuselvan	2023	Hand Grip Strength as a Marker of Functional and Cognitive Decline in the Elderly	Dr. S. Anu	6 th International e-conference BMSeCON, 2026, Aarupadai Veedu Medical College, Puducherry. 16 th to 18 th April, 2026	Best e-poster Presentation UG
3	Sri Rasha Rajesh Mohan	2023	Patterns of Weight regain after significant weight loss through diet and exercise in women: A comparative study	Dr. S. Anu	6 th International e-conference BMSeCON, 2026, Aarupadai Veedu Medical College, Puducherry. 16 th to 18 th April, 2026	
4	K. Sukriti	2024	Impact of Winter Season on Type 2 Diabetes Patients	Dr. S. Anu	GASTROFEST-2025 on 20.06.2025, Panimalar Medical College Hospital & Research Institute	
5	Anushka	2024	Serum Periostin as	Dr. S.	GASTROFEST-2025 on	



**VELAMMAL
HOSPITAL**
the healing touch

Department of Physiology

Velammal Medical College Hospital & Research Institute, Madurai



	Sharma		potential biomarker in the evaluation of different phenotypes of paediatric asthma	Anu	20.06.2025, Panimalar Medical College Hospital & Research Institute	
6	S. Manishankar	2022	Amla – The Elixir of Life: A Narrative Review of Its Therapeutic Spectrum	Dr. S. Anu	GASTROFEST-2025 on 20.06.2025, Panimalar Medical College Hospital & Research Institute	
7	Ashiq Ahmed	2023	Effect of Intermittent Fasting on Cognitive Skills	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 4th - 6th December 2024	First place e-Poster
8	Meenakshi U	2023	Cross Sectional Study on the Audio-Visual Reaction Time in Bharatnatyam Dancers	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 4th - 6th December 2024	
9	Bertina Feruze Vimal	2023	Association between Central Obesity and Bad Dreams among Medical Students	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 4th - 6th December 2024	
10	Veena Nandhakumar	2023	The Effect of Slow Alternate Nostril Breathing on	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College,	

			Respiratory Efficiency and Saturation of Peripheral Oxygen (SpO2) in Asthma Patients.		Puducherry. 4th - 6th December 2024	
11	K Madhesh	2023	Knowledge Attitude & Beliefs of Medical Students Towards Transgender Healthcare & Laws Pertaining to Healthcare – A Questionnaire Based Study	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 4th - 6th December 2024	
12	Allen Nobel	2023	A Cross-Sectional Study on Physiological Parameters of Silambattam Practitioners	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 4th - 6th December 2024	
13	Tanushri	2021	A Study Of The Effect Of Facial Exercises On Facial Wrinkles And Their Correlation With Facial Fat Infiltration In Middle Aged People In India	Dr. S. Anu	Sana Vita Con '24, PSG Institute of Medical Sciences & Research, Coimbatore. 3rd & 5th of October, 2024	Second place
14	R. Kaviyashree	2021	The Effect Of Origami On Mobile Phone	Dr. S. Anu	Sana Vita Con '24, PSG Institute of Medical Sciences	

			Addiction Among Medical College Students		& Research, Coimbatore. 3rd & 5th of October, 2024	
15	Ashiq Ahmed	2023	Assessing the efficiency of Invasive vs. Non Invasive investigations in Newly Diagnosed Coronary Artery Disease Patients	Dr. S. Anu	Sana Vita Con '24, PSG Institute of Medical Sciences & Research, Coimbatore. 3rd & 5th of October, 2024	
16	M. R. Shanmuga Sundaram	2020	Myth Busters: Ancient Practices That Still Works	Dr. S. Anu	Sana Vita Con '24, PSG Institute of Medical Sciences & Research, Coimbatore. 3rd & 5th of October, 2024	
17	M. R. Shanmuga Sundaram	2020	“Gut microbiota modulation: The Future of infectious disease prevention “	Dr. S. Anu	Coimbatore Medical College	First Place
18	S K Sidharth Malaiaah	2022	Effect of sleep on auditory and visual reaction time among medical students	Dr. S. Anu	4th International e-Conference BMSseCON 2023, Aarupadai Veedu Medical College, Puducherry. 13th - 15th December 2023	First Place e-Poster
19	Pranav Ram	2021	Effect Of Late Night Studies On Body Mass Index, Waist Hip Ratio and Critical Flicker Fusion Frequency	Dr. S. Anu	International Virtual Conference on “Physiology and Lifestyle medicine 2023”, AIIMS, BB Nagar, Telangana 20 and 21 st July, 2023	Second place e-Poster



**VELAMMAL
HOSPITAL**
the healing touch

Department of Physiology

Velammal Medical College Hospital & Research Institute, Madurai



20	Thanushree V S	2021	Effect of vestibular exercises on blood pressure	Dr. S. Anu	International Virtual Conference on “Physiology and Lifestyle medicine 2023”, AIIMS, BB Nagar, Telangana 20 and 21 st July, 2023 e-Poster	Third place
21	Sudarsya R	2021	Survey on prevalence of imposter syndrome among medical students	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 th to 19 th November, 2022	
22	Huneiza Fathima Mohamed Saki	2021	Effect of late-night studies on body mass index, waist hip ratio, and critical flicker fusion frequency.	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 th to 19 th November, 2022	
23	S.S Madhumitha	2021	Effect of posture on academic performance of medical students	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 th to 19 th November, 2022	
24	S. Saisurya	2021	The effects of social media usage on academic procrastination among medical students.	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 th to 19 th November, 2022	
25	Ritika Ajith	2021	Gut lung axis : analysis of association of chronic	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical	

			respiratory disorders and gastrointestinal symptoms.		College, Puducherry 17 th to 19 th November, 2022	
26	Zeenath Maheesha. S	2021	Awariness on medical related webseries among medical students.	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 th to 19 th November, 2022	
27	M. Manasha	2021	The scientific reasoning behind mythology.	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 th to 19 th November, 2022	
28	Kaviarase Palanisamy	2021	Survey on prevalence and associated risk factors of premature greying of hair among medical students.	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 th to 19 th November, 2022	
29	Naveen Sundar K	2021	Study to assess the awareness about the science behind social practices among medical students	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 th to 19 th November, 2022	
30	Siddharth M. Rahejaa	2018	Touch me not: A Study analyzing the effect of chronic smartphone usage on the fingertip sensations of normal	Dr. S. Anu	AOCN IANCON Indian academy of neurology, under the aegis of AIIMS, New Delhi, 2nd to 6th November.	Recipient of MBBS bursary

			individuals			
31	Sidharth M Rahejaa	2018	Environmental challenges to Cardiovascular health	Dr. M. Saravanan	Mahatma Gandhi Medical College and Research Institute, Puducherry 1.10.2019	First place
32	Smrithi R	2018	Environmental challenges to Cardiovascular health	Dr. M. Saravanan	Mahatma Gandhi Medical College and Research Institute, Puducherry 1.10.2019	
33	Riya Varsha J	2018	Environmental challenges to Cardiovascular health	Dr. M. Saravanan	Mahatma Gandhi Medical College and Research Institute, Puducherry 1.10.2019	